

ahora hace 22 grados = it's 22 degrees now
anoche hizo tornado y llovió muy fuerte = last night there was a tornado and it rained heavily
en Irlanda está lloviendo todo el día = in Ireland it's been raining all day
la aurora boreal = the northern lights
donde has hecho las fotos de la aurora? = where did you take the photos of the aurora?
desde mi balcón, en dirección norte = from my balcony, facing north
nordeste = northeast
he mirado al cielo = I looked at the sky
he hecho una foto en la carretera = I took a picture on the road
fue todo negro = it was all black
a simple vista? = with the naked eye?
las primeras horas con la cámara de mi móvil = the first hours with my phone's camera
a las 3 de la mañana se puede ver A SIMPLE VISTA = at 3 in the morning you can see it WITH THE NAKED EYE
A SIMPLE VISTA = WITH THE NAKED EYE
nunca he visto la aurora? = have you never seen the aurora?
has visto la aurora antes? = have you seen the aurora before?
no la he visto nunca en Enniscorthy = I've never seen it in Enniscorthy
fue la primera vez = it was the first time
SE PUEDE ver la aurora = you CAN see the aurora
depende de donde estás? = it depends on where you are?
ME INTERESA = I'M INTERESTED
NO ME INTERESA = I'M NOT INTERESTED
INTERESAR = TO INTEREST
la comida japonesa = Japanese food
NO ME INTERESA = I'M NOT INTERESTED
la dieta keto = the keto diet
las verduras frescas = fresh vegetables
ME INTERESAN.... = I AM INTERESTED IN...
ME INTERESAN las verduras frescas = I AM INTERESTED IN fresh vegetables
el desayuno con cereales = breakfast with cereal
me interesa = it interests me
gustos = tastes
REPASO de la última clase = REVIEW of the last class
escribir yo mismo primero = to write by myself first
que es mejor? = which is better?
escribir yo mismo = to write by myself
primero = first
después puedo corregir con google = then I can correct it with Google
chat gpt = ChatGPT
a que hora comen los españoles? = what time do the Spanish eat?
a las 2 y media = at 2:30
a las 2 = at 2
a las 3 = at 3
a que hora cenan normalmente? = what time do they usually have dinner?
a las 9 a las 10 = at 9 or 10
entre la comida y la cena - MERIENDA = between lunch and dinner - SNACK
DIETA VEGANO = VEGAN DIET
DIETA VEGETARIANA = VEGETARIAN DIET
los vegetarianas comen / no comen.... = vegetarians eat / don't eat....
no comen carne = they don't eat meat

no comen pescado ni pescado = they don't eat fish or fish
creo que es falso = I think it's false
son un tipo de vegetarianos = they are a type of vegetarians
correcto! = correct!
que comen? = what do they eat?
creo que es verdad = I think it's true
también está en las verduras verdes? = is it also in green vegetables?
entonces es verdad? = so it's true?
creo que es verdad = I think it's true
vitamina B12 ? = vitamin B12 ?
creo que es falso, sí = I think it's false, yes
creo que necesitan proteínas = I think they need proteins
que alimentos tienen proteínas? = which foods have proteins?
la vitamina B12 = vitamin B12
creo que es falso? = I think it's false?
los vegetarianos necesitan buscar vitaminas en otros alimentos = vegetarians
need to find vitamins in other foods
CRUDO = raw = RAW
no sé = I don't know
quizás es verdad? = maybe it's true?
eres vegetariano? = are you a vegetarian?
no es muy común = it's not very common
mi marido quiere ser vegano pero es muy difícil = my husband wants to be vegan
but it's very difficult
entonces no comemos carne = so we don't eat meat
pero comemos queso y leche y un poco de huevos = but we eat cheese, milk, and a
little bit of eggs
es un horror! = it's horrible!
Mi batería va a morir :(Gracias para la clase! = My battery is going to die :(
Thanks for the class!
los veganos no comen carne ni pescado ni productos de origen animal = vegans
don't eat meat, fish, or animal products
ni lácteos = nor dairy
los calamares ? son pescado o marisco para un vegetariano? = are calamari fish
or seafood for a vegetarian?
no cocinan los alimentos = they don't cook the food
es un poco raro = it's a little weird
vegetariana toman leche y huevos = vegetarians eat milk and eggs
pero no comen carne ni pescado = but they don't eat meat or fish
los flexitarianos comen carne y pescado de vez en cuando = flexitarians eat meat
and fish occasionally
la textura de los champiñones = the texture of mushrooms
la TEXTURA = the texture = TEXTURE
los ovolactoveganos es el mejor grupo = ovolactovegans are the best group
no es tan difícil = it's not that hard
no es tan limitada = it's not that limited
me encanta la carne !!!!! = I love meat !!!!!
todas las semanas como carne = I eat meat every week
a mi marido le encanta la carne también = my husband loves meat too
los veganos no comen productos de origen animal = vegans don't eat animal
products
lácteos = dairy
comen solo productos crudos = they only eat raw products
solo verduras crudas = only raw vegetables

las verduras crudas son muy dulces = raw vegetables are very sweet
como las zanahorias = like carrots
patatas fritas = fries
pueden comer carne y pescado a veces = they can eat meat and fish sometimes
a menudo / de vez en cuando = often / from time to time
es una ocasión especial = it's a special occasion
desayuno cereales con leche de soja y frutos secos y fruta y yogur = I have
cereal with soy milk, nuts, fruit, and yogurt for breakfast
durante la semana desayuno avena con leche y miel y arándanos = during the week
I have oatmeal with milk, honey, and blueberries for breakfast
pero el fin de semana desayuno yogur con frutas y granola = but on the weekend I
have yogurt with fruit and granola for breakfast
desayuno cereales de avena = I have oatmeal cereal for breakfast
AVENA = oat = OAT
compro todo en el mismo lugar = I buy everything in the same place
suelo hacer la compra en dos supermercados diferentes de mi ciudad = I usually
shop at two different supermarkets in my city
también en tiendas especiales = also at specialty stores
FRUTERIA / CARNICERIA / PESCADERIA = FRUIT SHOP / BUTCHER / FISHMONGER
compro en la carnicería una o dos veces a la semana = I buy at the butcher once
or twice a week
compramos las verduras en una FRUTERIA = we buy vegetables at a FRUIT SHOP
FRUTERIA = fruit & veg shop = FRUIT & VEG SHOP
en Irlanda no hay fruterías pequeñas = in Ireland there are no small fruit shops

en Enniscorthy tenemos una frutería = in Enniscorthy we have one fruit shop
FRUTERIA = fruit & veg shop = FRUIT & VEG SHOP
hay una carnicería y una frutería = there is a butcher and a fruit shop
a veces intento comprar allí = sometimes I try to buy there
nunca compro... = I never buy...
normalmente compro leche, mantequilla y carne todas las veces cuando voy a hacer
la compra = I usually buy milk, butter, and meat every time I go shopping
NUNCA compro.... = I NEVER buy....
si, en comida, NUNCA compro carne falsa = yes, in food, I NEVER buy fake meat
yo tampoco = me neither = me neither
casi nunca compro pescado = I almost never buy fish
por qué? no te gusta? = why? don't you like it?
solo el bacalao (cod) = only cod
palitos de pescado = fish fingers = fish fingers
a veces voy a KQ a comprar pescado = sometimes I go to KQ to buy fish
la freiduría (chip shop) = the chip shop
como se dice "PEACHES"? = how do you say "PEACHES"?
melocotones = peaches
tuve un regalo de fruta de una finca hoy = I got a gift of fruit from a farm
today
alguien me regaló fruta de una finca hoy = someone gave me fruit from a farm
today
espero que las disfrutes = I hope you enjoy them
de vez en cuando en los restaurante como pescado y huevos = from time to time in
restaurants I eat fish and eggs
a menudo compro verduras y frutas = I often buy vegetables and fruits
has sido vegetariano alguna vez? = have you ever been a vegetarian?
en mi país no SE puede,

porque es un desierto = in my country you can't, because it's a desert
las frutas y verduras son muy caras = fruits and vegetables are very expensive
DESIERTO = desert = DESERT
hay muchas carnes en mi país, de vaca y de cordero = there are many meats in my
country, beef and lamb
CORDERO = lamb = LAMB
TERNERA = beef = BEEF
no me gustaría probarlo = I wouldn't like to try it
me gusta mucho la carne, y el pollo, y el jamón! = I really like meat, chicken,
and ham!
has sido = have you been? = have you been?
probarlo = to try it = to try it
no me gustaría probarlo? = I wouldn't like to try it?
no me interesa !!!! = I'm not interested!!!!
quizás = maybe
compro frutos secos = I buy nuts