

espero que esté sola en clase = I hope you are alone in class
Que sorpresa! = What a surprise!
no te esperaba = I didn't expect you
porque tienes visita en casa = because you have visitors at home
esta mañana tenia que hacer algo = this morning I had to do something
pero ya he terminado = but I've already finished
TODAVIA NO = not yet
TODAVIA NO hemos hecho planes = We haven't made plans yet
es un lugar nuevo para nosotros = it's a new place for us
hemos visitado BCN muchas veces = we've visited BCN many times
es un lugar, un barrio? = is it a place, a neighborhood?
está en la costa, porque hay una playa grande = it's on the coast because there is a big beach
no he hecho ninguna investigacion = I haven't done any research
vais los dos solos? = are you two going alone?
vamos con una hija y su familia = we are going with a daughter and her family
que edad tienen tus nietos? = how old are your grandchildren?
Saoirse tiene casi 14 y Alannah 12 = Saoirse is almost 14, and Alannah is 12
como son tus nietas? = what are your granddaughters like?
hablan mucho = they talk a lot
se preocupan mucho por todos los deportes = they care a lot about all the sports

les interesan muchos deportes diferentes = they are interested in many different sports
están fuertes = they are strong
son buenas deportistas = they are good athletes
han ganado muchos premios = they've won many awards
he visto a la nieta de Judy en la peluqueria = I've seen Judy's granddaughter at the hairdresser
baloncesto gimnasia = basketball gymnastics
no había muchas chicas interesadas = there weren't many girls interested
era una cuestión de educación o del momento? = was it a matter of education or timing?
hay mas modelos de chicas deportista = there are more examples of female athletes
hay muchas mas chicas que hacen deporte = there are many more girls who do sports
esta semana las chicas irlandesas HAN GANADO un PARTIDO de rugby = this week, the Irish girls WON a rugby MATCH
han ganado un partido muy importante = they won a very important match
ha sido contra Nueva Zelanda, que son el mejor EQUIPO del mundo = it was against New Zealand, who are the best TEAM in the world
no lo sabia = I didn't know
NO LO SABIA = I didn't know
Lo he visto en el journal = I saw it in the journal
partido = game / match
JUEGO = pasatiempo, entretenido = GAME = pastime, entertaining
PARTIDO de rugby, tenis, hurling = MATCH of rugby, tennis, hurling
JUGAR al tenis = TO PLAY tennis
naipes= cartas = playing cards
no me acordaba = I didn't remember
chinchon = a Spanish card game
CONCURSO de television = TV contest
COMPETICION deportivo - empresas = sports competition - companies

hay una competición de rugby - CAMPEONATO = there's a rugby competition - CHAMPIONSHIP
ahora las chicas irlandesas son profesionales = now the Irish girls are professionals
pero no les pagan lo mismo que a los chicos = but they don't get paid the same as the boys
es una injusticia ! = it's an injustice!
no es justo! = it's not fair!
el año pasado las chicas del rugby JUGARON en la sección C mundial = last year, the rugby girls played in world section C
este año juegan en la sección A = this year they play in section A
el año pasado no eran profesionales = last year they weren't professionals
por que HA HABIDO protestas verbales = because there have been verbal protests
como las chicas del futbol = like the football girls
el EQUIPO FEMENINO = the FEMALE TEAM
Paula, es una nueva entrenadora (trainer) = Paula is a new trainer (coach)
ENTRENADORA = trainer = coach
ahora tienen tiempo para entrenar = now they have time to train
pero el año pasado tuvieron que trabajar y jugar al mismo tiempo = but last year they had to work and play at the same time
además tenían que ENTRENAR en su tiempo libre = plus they had to TRAIN in their free time
hay muchos cambios buenos = there are many good changes
ANTES no se PERMITIA a las mujeres ser SOCIAS del club de golf = BEFORE women weren't ALLOWED to be MEMBERS of the golf club
ANTES no estaba permitido = BEFORE it wasn't allowed
ANTES las mujeres tampoco podían votar = BEFORE women couldn't vote either
ANTES las mujeres no PODIAN trabajar después de casarse = BEFORE women couldn't work after getting married
TODAVIA falta mas cambios = there are still more changes needed
los salarios / los sueldos = wages / salaries
18 o 20 % menos que los hombres = 18 or 20% less than men
las mujeres COBRAR menos dinero = women GET paid less
y hacer el mismo trabajo = and doing the same job
no es justo = it's not fair
cuantas mujeres hay en el parlamento de Irlanda? = how many women are in the Irish parliament?
UN TERCIO = a third part
tercero = third in order
quizás después de la muerte de Franco, España es mas justa = maybe after Franco's death, Spain is fairer
MEDIO AMBIENTE = ENVIRONMENT
Planeta TIERRA = Planet EARTH
la TIERRA = the EARTH
AGUA = WATER
AIRE---- = AIR
no se puede verlo = you can't see it
pero es sin el oxigeno no podemos respirar ni sobrevivir = but without oxygen we can't breathe or survive
depende de la contaminacion = it depends on pollution
CONTAMINACION = POLLUTION
que podemos hacer para CUIDAR el planeta? = what can we do to TAKE CARE of the planet?
CUIDAR el medioambiente = TAKE CARE of the environment

no usar plastico = don't use plastic
PASTA DE DIENTES EN UNA BARRA, USA UN ENVASE DE PAPEL O CARTON = TOOTHPASTE IN A BAR, USE PAPER OR CARDBOARD PACKAGING
UN JABON BIODEGRADABLE = A BIODEGRADABLE SOAP
PARA DUCHARSE O PARA LAVAR LOS PLATOS = FOR SHOWERING OR WASHING DISHES
CEPILLO DE PELO DE MADERA = WOODEN HAIRBRUSH
ME PARECE UN POCO PESADO = IT SEEMS A BIT HEAVY TO ME
BOLSAS REUSABLE = REUSABLE BAGS
DE TELA = MADE OF FABRIC
tengo una confesión horrible = I have a horrible confession
me gusta mucho el plastico = I really like plastic
es tan colorido = it's so colorful
NO PESA , ES COLORIDO = IT'S LIGHT, IT'S COLORFUL
se puede reciclar ese plastico = you can recycle that plastic
se puede reciclar ese plástico que tienes = you can recycle that plastic you have
pero hay mucho plástico que no se puede reciclar = but there's a lot of plastic that can't be recycled
hay microplasticos = there are microplastics
hay microplasticos en el mar, en los peces y en el cuerpo humano = there are microplastics in the sea, in fish, and in the human body
leche materna de un bebe = baby's breast milk
incluso hay productos - no los COMPRARIA = there are even products - I WOULDN'T BUY THEM
no los COMPRARIA nunca = I would never buy them
podeis tener el mismo resultado con aceite de bebe con azúcar glas = you can have the same result with baby oil and powdered sugar
no sé la palabras = I don't know the words
LAS TOALLITAS - enemigo numero 1 = WIPES - enemy number 1
me parecen horribles = they seem horrible to me
TOALLITAS = wipes
se pueden comprar toallitas biodegradables = you can buy biodegradable wipes
despertador= alarm clock
las dos caras= the two sides
COLGAR las toallas = to hang
la cuelgo en el baño / húmedo o seco = I hang it in the bathroom / wet or dry
usas una toalla cada vez después de ducharte = you use a towel every time after showering
traigo las 2 toallas a mi dormitorio = I bring both towels to my bedroom
y las cuelgo allí cerca de la ventana = and I hang them there near the window
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CEPILLO DE PELO DE MADERA = wooden hairbrush
ME PARECE UN POCO PESADO = I find it a bit heavy
BOLSAS REUSABLE = reusable bags
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cuando las 5 niñas eran adolescentes, yo decía que después de las duchas estás limpia = when the 5 girls were teenagers, I used to say after showers you're clean
no tienes que poner la toalla en la lavadora = you don't have to put the towel in the washing machine
quería ver un video de tus 5 hijas en casa juntas = I wanted to see a video of your 5 daughters at home together
lavaplatos = lavavajillas = dishwasher
no usamos el lavaplatos todos los días = we don't use the dishwasher every day
pero somos solo dos personas = but we're just two people
pero mi marido muchas veces lava los platos a mano = but my husband often washes the dishes by hand
qué es más ecológico? = which is more eco-friendly?
USA menos agua = it uses less water
y no caliente el agua tampoco = and it doesn't heat the water either
TIENES QUE usar el FREGADERO (sink) = you have to use the sink
EQUIPO PARTIDO CONCURSO = team, match, contest
PARTIDO deportes = sports match
CONCURSO = contest
TERCIO = third part
planeta TIERRA = planet Earth
CONTAMINACIÓN = pollution
USAR Y TIRAR = use and throw away
AHORRAR ENERGÍA = save energy
tengo una visita = I have a visitor
tengo visitas = I have visitors
tengo una visita en casa! = I have a visitor at home!