

hizo muy buen tiempo cuando estuve en Irlanda = the weather was very good when I was in Ireland
hasta que HE llegado aquí, el tiempo FUE malo = until I HAVE arrived here, the weather was bad
hace sol = it is sunny
estoy trabajando mucho en el jardín = I am working a lot in the garden
corto el césped en marzo = I cut the grass in March
mañana mi marido viene a Irlanda de España = tomorrow my husband comes to Ireland from Spain
quizás la lluvia no llega a Irlanda = maybe the rain won't reach Ireland
estamos HARTOS = fed up
estoy harto de la lluvia = I'm fed up with the rain
¿qué tal estás esta semana? = how are you this week?
estuve resfriada la semana pasada = I had a cold last week
estoy un poco cansada = I am a little tired
¿qué has hecho para recuperarte? = what have you done to recover?
dormir mucho = sleep a lot
es un VIRUS = it's a virus
no tomo azúcar = I don't take sugar
no bebo sangre = I don't drink blood
¿cómo estás? = how are you?
hace mejor tiempo = the weather is better
el sábado hizo buen tiempo = on Saturday the weather was good
finalmente el fotógrafo hace las fotos de nuestra casa = finally the photographer is taking pictures of our house
solo tengo una semana más aquí = I only have one more week here
así que tengo que preparar todo = so I have to prepare everything
¿qué has hecho esta semana? = what have you done this week?
fue un fin de semana muy ocupado en Irlanda = it was a very busy weekend in Ireland
fue la fiesta de San Patricio = it was St. Patrick's Day
vimos el desfile de Dublín en la televisión = we watched the Dublin parade on TV

DESFILE = parade

nos pareció bastante bueno = we thought it was quite good
pero no tan grande como en años anteriores = but not as big as in previous years

pero en cambio hubo más eventos en la ciudad = but on the other hand, there were more events in the city

como parte de las celebraciones de San Patricio = as part of the St. Patrick's Day celebrations

PASARLO bien/mal = to have a good/bad time

lo pasé muy bien = I had a great time

lo pasamos muy bien = we had a great time

LUGAR = SITIO = place

sitio = colloquial (for place)

la calle Grafton es un sitio muy animado = Grafton Street is a very lively place

es un sitio muy caro = it's a very expensive place

Cádiz es un sitio muy antiguo y precioso = Cádiz is a very old and beautiful place

CARRER = street (in Catalan)

CONSEJOS = advice

TENER TOS = to have a cough

LA GARGANTA = throat
ESTAR AFÓNICO = to be hoarse
TENER UNA LARINGITIS = to have laryngitis
ME PICA LA GARGANTA = my throat itches
ESTÁ AFÓNICO = he/she is hoarse
NO PUEDO HABLAR = I can't speak
HABLAR CON VOZ SUAVE BAJA = speak with a soft, low voice
comer piña = eat pineapple
o beber zumo de piña = or drink pineapple juice
piña = pineapple
tienes que beber una infusión de limón y miel = you have to drink a lemon and honey infusion
es buena idea dejar de fumar = it's a good idea to stop smoking
no tomar bebidas frías = don't drink cold beverages
hablar bajo (low volume) = speak softly (low volume)
usar la voz correctamente = use your voice correctly
chillar = to shout
chillar = gritar = to scream
bebidas frías = es bueno o malo = cold drinks = is it good or bad?
EVITAR = to avoid
INTENTAR = to try
¿es malo para la garganta? = is it bad for the throat?
consejos para----- = advice for-----
ya he terminado = I'm done
lavarse la cara con lavado de cara especial y usar crema hidratante = wash your face with a special face wash and use moisturizing cream
INTENTA usar champú de tomillo = TRY using thyme shampoo
DEBERÍAS dejar de teñirte el pelo = you SHOULD stop dyeing your hair
TEÑIRSE el pelo = to dye your hair
es un poco raro tener acné en la cara = it's a bit strange to have acne on the face
CONSEJO: = ADVICE:
TIENES que comer más saludable = YOU HAVE to eat healthier
VA BIEN no tomar café por la tarde = IT'S GOOD not to drink coffee in the afternoon
VA BIEN beber vino tarde = IT'S GOOD to drink wine late
entender = to understand
entender lo que dice = to understand what he/she says
CAERSE el pelo = to lose hair
PERDER el pelo = to lose hair
se me cae el pelo en la ducha = my hair falls out in the shower
CAER = to fall
TIENES QUE = DEBERÍAS ... = YOU HAVE TO = YOU SHOULD ...
TIENES QUE..... = YOU HAVE TO.....
DEBES = YOU MUST
DEBERÍAS = YOU SHOULD
manzanilla = chamomile
puedes escuchar una meditación guiada = you can listen to a guided meditation
debes escuchar una máquina de ruido blanco = you should listen to a white noise machine
DEJAR DE fumar = STOP smoking
EVITAR beber alcohol = AVOID drinking alcohol
CHILLAR = TO SHOUT
hartos = fed up

CONCILIAR EL SUEÑO = to get to sleep

CUERDAS VOCALES = vocal cords

REVITALIZAR = to revitalize

EVITAR = to avoid

ME CUESTA MUCHO = it's very hard for me